

**Flavors Around
The World**
Featuring a different
Country Each Week
in March

Waldwick Middle School/ High School

March 2026



AVAILABLE DAILY

<p>Monday 2</p>	 <p>America 250 Nashville Hot Chicken</p>	<p>Chicken Parmesan Hero</p>	<p><i>Deli Central</i> Assorted Grab & Go Deli Sandwiches Smucker's Peanut Butter & Jelly Uncrustables</p> <p>Fresh Pasta Specials - <i>Don't forget the Garlic Bread!</i> Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes</p> <p><i>Daily Dish</i></p> <p>AMERICAN GRILLE Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries</p> <p>A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite: Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More</p> <p><i>Veggie Dish</i></p> <p>FRESH FARMSTAND Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip</p>
<p>Tuesday 3</p>	<p>BBQ Grilled Chicken w/ Mashed Potatoes & Local Corn & Edamame Salad</p>	<p>Roast Beef Melt</p>	
<p>Wednesday 4</p>	<p>Breakfast for Lunch Waffle Sticks or Pancakes Local Blueberry Yogurt Parfait Eggs Bacon or Sausage Hash browns</p>	<p>Bacon and Jalapeno Melt</p>	
<p>Thursday 5</p>	 <p>Brazil Pork Feijoada (Brazilian Pork & Bean Stew)</p>	<p>Chicken Quesadilla</p>	
<p>Friday 6</p>	<p>BBQ Pulled Pork w/ Mac & Cheese</p>	<p>Pizzeria Pizza</p>	

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

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Monday 9	Thai Chicken w/ Fried Rice & Broccoli	Spicy Chicken Wrap	<div data-bbox="1092 511 1260 633"><i>Deli Central</i></div> <p>Assorted Grab & Go Deli Sandwiches Smucker's Peanut Butter & Jelly Uncrustables or Visit our Deli Bar!</p> <p>Fresh Pasta Specials - <i>Don't forget the Garlic Bread!</i> Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes</p> <div data-bbox="1785 641 1984 771"><i>Daily Dish</i></div> <p>AMERICAN GRILLE</p> <p>Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries</p> <p>A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite:</p> <p>Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More</p> <div data-bbox="1785 1055 1984 1177"><i>Veggie Dish</i></div> <p>FRESH FARMISTAND</p> <p>Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip</p>
Tuesday 10	Lemon Chicken w/ Rice Pilaf & Vegetable	Italian Panini	
Wednesday 11	Beef Bulgogi Thinly Sliced Beef & Vegetables	Chipotle Chicken & Cheese Panini	
Thursday 12	 Lebanon Beef Kofta w/ Quinoa & Brown Rice	Chicken Gyro	
Friday 13	Ham & Tomato Grilled Cheese Sandwich	Pizzeria Pizza	



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Monday 16	Baked Ravioli Marinara	Shawarma Chicken in Pita	<div data-bbox="1092 511 1260 633"><i>Deli Central</i></div> <p>Assorted Grab & Go Deli Sandwiches Smucker's Peanut Butter & Jelly Uncrustables or Visit our Deli Bar!</p> <p>Fresh Pasta Specials - <i>Don't forget the Garlic Bread!</i> Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes</p> <div data-bbox="1785 641 1984 771"><i>Daily Dish</i></div> <p>AMERICAN GRILLE</p> <p>Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries</p> <p>A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite:</p> <p>Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More</p> <div data-bbox="1785 1055 1984 1177"><i>Veggie Dish</i></div> <p>FRESH FARMISTAND</p> <p>Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip</p>
Tuesday 17	 ST. PATRICK'S DAY Corned Beef & Cabbage w/ Red Potatoes & Irish Soda Bread	Chicken Bacon Ranch On Focaccia	
Wednesday 18	General Tso's Chicken w/ Fried Rice & Broccoli	Tortellini Pesto	
Thursday 19	 Belize Garnaches	Mac & Cheese	
Friday 20	Hot Honey Chicken on a Roll	Pizzeria Pizza	

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Monday 23	Chicken Cutlet Hero w/Pesto & Fresh Mozzarella	Pasta Marinara	<p>Deli Central Assorted Grab & Go Deli Sandwiches Smucker's Peanut Butter & Jelly Uncrustables or Visit our Deli Bar!</p> <p>Fresh Pasta Specials - <i>Don't forget the Garlic Bread!</i> Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes</p> <p>AMERICAN GRILLE Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries</p> <p>A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite: Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More</p> <p>FRESH FARMSTAND Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip</p>
Tuesday 24	Patty Melt	Teriyaki Chicken & Mixed Vegetables w/Rice	
Wednesday 25	Bratwurst Hero w/ Onions, Peppers & Potatoes	Sautéed Pierogi	
Thursday 26	  Hungary Hungarian Beef Goulash over Noodles	Gnocchi in Pink Sauce w/ Prosciutto	
Friday 27	Buffalo Chicken Grilled Cheese	Pizzeria Pizza	

Daily Dish

Veggie Dish

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<p>Monday 30</p>	<p>Chicken Enchilada</p>	<p>Dumplings w/ Fried Rice</p>	<p><i>Deli Central</i> Assorted Grab & Go Deli Sandwiches Smucker's Peanut Butter & Jelly Uncrustables or Visit our Deli Bar!</p> <p>Fresh Pasta Specials - <i>Don't forget the Garlic Bread!</i> Yogurt Parfaits Hummus & Chips Veggie & Protein Boxes</p> <p><i>Daily Dish</i></p> <p>AMERICAN GRILLE Assorted Grab & Go Options including: Chicken Tenders Popcorn Chicken Fries</p> <p>A Rotation of Vegetarian & Vegan Selections Are Available Daily or Pre-Order Your Favorite: Vegetable or Impossible Burger Grilled Cheese Sandwich Pasta Pizza Tofu & More</p> <p><i>Veggie Dish</i></p> <p>FRESH FARMISTAND Choose from an array of Fresh, Flavorful Salads each day & Fresh Fruit & Veggies w/ Dip</p>
<p>Tuesday 31</p>	<p>Buffalo Chicken Wrap</p>	<p>Bratwurst Hero w/Onions, Peppers & Potatoes</p>	
			



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