#### **TENAFLY HIGH & MIDDLE SCHOOL –** March/April 2025





Allergy Aware menus are available for students w/ food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.



# TENAFLY HIGH & MIDDLE SCHOOL – April 2025



WE ARE HIRING APPLY NOW JOIN OUR TEAM



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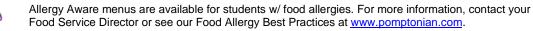


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POMPTONIAN POMPTONIAN FOOD SERVICE	Daily Dish	American Grille	Available Daily
Monday 21	Chicken & Waffles	Chicken Fillet w/ Turkey Bacon on a Kaiser Roll	Deli Made-to-Order Dietz & Watson Deli Bar Assorted Grab & Go Sandwiches
Tuesday 22	3-Cheese Cavatappi Pasta w/ a Split Top Dinner Roll EARTH DAY (Sample): Chia Seed Pudding w/ Berries	Triple-Decker Monte Cristo	Assorted Specialty Pizzas
Wednesday 23	Cinnamon-Glazed French Toast Sticks w/ Syrup & Turkey Sausage	♦ General Tso's Chicken w/ Vegetable Fried Rice & a Fortune Cookie	All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Mozzarella Sticks
Thursday 24	Cheese Ravioli w/ Marinara Sauce & <b>Sauteed Local</b> <b>Spinach</b>	Chicken Cordon Bleu Sandwich – Grilled Chicken, Sliced Ham & Swiss Cheese on a Kaiser Roll	Fresh Fruit & Yogurt Parfaits Fresh Bagel Bags w/ Cream Cheese/Butter & Yogurt
Friday 25	Everything Pizza w/ a Tossed Salad	Meatball Parmesan on a Hero	FRESH Assorted Grab & Go Salad Specials   FARMISTAND Assorted salad selections are offered w/ a Roll   Image: Comparison of the selection of the selectio

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