

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			¹ Cheesesteak Sandwich Sweet Potato Fries Fresh & Cupped Fruit Fresh Vegetables	² La Rosa's Pizzeria Pizza Tossed Salad Fresh & Cupped Fruit Fresh Vegetables
⁵ Pasta with Meatballs Green Beans Dinner Roll Fresh & Cupped Fruit Fresh Vegetables	⁶ Chicken Drumstick Roasted Potatoes Dinner Roll Fresh & Cupped Fruit Fresh Vegetables	⁷ Pancakes Chicken Sausage Local Apple Crisp Fresh & Cupped Fruit Fresh Vegetables	⁸ La Rosa's Pizzeria Pizza Tossed Salad Fresh & Cupped Fruit Fresh Vegetables	⁹ No Lunch
¹² No Lunch	¹³ Beef Tacos Salsa & Black Beans Rice Fresh & Cupped Fruit Fresh Vegetables	¹⁴ General Tso's Chicken Fried Rice Roasted Local Cauliflower Fresh & Cupped Fruit Fresh Vegetables	¹⁵ Pizza Crunchers Cucumber Salad Fresh & Cupped Fruit Fresh Vegetables	¹⁶ La Rosa's Pizzeria Pizza Tossed Salad Fresh & Cupped Fruit Fresh Vegetables
¹⁹ Macaroni & Cheese Dinner Roll Fresh & Cupped Fruit Fresh Vegetables	²⁰ French Toast Sticks Sausage Fresh & Cupped Fruit Fresh Vegetables	²¹ No Lunch	²² No School	²³ La Rosa's Pizzeria Pizza Tossed Salad Fresh & Cupped Fruit Fresh Vegetables
²⁶ Chicken Tenders Waffle Fries Dinner Roll Fresh & Cupped Fruit Fresh Vegetables	²⁷ Beef Nachos Grande Tortilla Chips Salsa Corn & Black Bean Salad Fresh & Cupped Fruit Fresh Vegetables	²⁸ Chicken Dumplings Steamed Rice Fortune Cookie Fresh & Cupped Fruit Fresh Vegetables	²⁹ La Rosa's Pizzeria Pizza Tossed Salad Fresh & Cupped Fruit Fresh Vegetables	³⁰ No Lunch

ALSO AVAILABLE DAILY

Bagel & Yogurt Lunch w/ a Cheese Stick
Grilled Chicken Caesar Salad w/ a Dinner Roll
Cheeseburger on a Bun
Mozzarella Sticks
Assorted Sandwiches



A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim,
or Non-Fat Flavored

Menu Subject to Change

Your comments are important to us.

Please e-mail us at

comments@pomptonian.com

**FOOD
ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

"This institution is an equal
opportunity provider."