

November 2026 Saint Francis Cathedral School of Metuchen

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Pasta with Meatballs Green Beans Dinner Roll Fresh & Cupped Fruit Fresh Vegetables	3 Chicken Quesadillas Mexican Street Corn Fresh & Cupped Fruit Fresh Vegetables	4 Pancakes Sausage Fresh & Cupped Fruit Fresh Vegetables	5 La Rosa's Pizzeria Pizza Tossed Salad Fresh & Cupped Fruit Fresh Vegetables	6 ½ DAY NO LUNCH SERVICE
9 Macaroni & Cheese Dinner Roll Local Roasted Butternut Squash Fresh & Cupped Fruit Fresh Vegetables	10 Beef Tacos Salsa & Black Beans Rice Fresh & Cupped Fruit Fresh Vegetables	11 Popcorn Chicken Bowl With Mashed Potatoes Corn & Cheddar Cheese Fresh & Cupped Fruit Fresh Vegetables	12 Beef & Broccoli Lo Mein Fresh & Cupped Fruit Fresh Vegetables	13 La Rosa's Pizzeria Pizza Tossed Salad Fresh & Cupped Fruit Fresh Vegetables
16 Hamburger/ Cheeseburger on a Bun Tater Tots Fresh & Cupped Fruit Fresh Vegetables	17 French Bread Pizza Tossed Salad Fresh & Cupped Fruit Fresh Vegetables	18 ½ DAY NO LUNCH SERVICE	19 ½ DAY NO LUNCH SERVICE	20 La Rosa's Pizzeria Pizza Tossed Salad Fresh & Cupped Fruit Fresh Vegetables
23 Pasta with Meatballs Green Beans Dinner Roll Fresh & Cupped Fruit Fresh Vegetables	24 Chicken Tenders Waffle Fries Turkey Sugar Cookie Local Roasted Butternut Squash Fresh & Cupped Fruit Fresh Vegetables	25 ½ DAY NO LUNCH SERVICE	26 	27 NO SCHOOL TODAY
30 Pasta with Meatballs Tossed Salad Dinner Roll Fresh & Cupped Fruit Fresh Vegetables				

ALSO AVAILABLE DAILY

Bagel & Yogurt Lunch w/ a Cheese Stick
Grilled Chicken Caesar Salad w/ a Dinner Roll
Cheeseburger on a Bun
Mozzarella Sticks
Assorted Sandwiches



A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

Milk Choice: 1% White, Skim,
or Non-Fat Flavored

Menu Subject to Change

Your comments are important to us.

Please e-mail us at

comments@pomptonian.com

**FOOD
ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

"This institution is an equal opportunity provider."