






# September Saint Francis 2025 Elementary School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 	2	3	4 Popcorn Chicken Baked Fries Fresh and Cupped Fruit	5 <b><u>National Pizza Day!</u></b> La Rosa's Pizzeria Pizza Tossed Salad Fresh and Cupped Fruit
8 Mac & Cheese Fresh and Cupped Fruit Dinner Roll	9 Tacos with Salsa & Rice & Beans Fresh and Cupped Fruit	10 French Toast Sticks with Sausage Fresh and Cupped Fruit	11 Mini Ravioli With Marinara Sauce Tossed Salad Dinner Roll Fresh and Cupped Fruit	12 La Rosa's Pizzeria Pizza Tossed Salad Fresh and Cupped Fruit
15 Chicken Tenders Baked Fries Fresh and Cupped Fruit	16 Pasta with Meatballs Garden Salad Garlic Bread Fresh and Cupped Fruit	17 Chicken & Waffles Fresh and Cupped Fruit	18 <b><u>National Cheeseburger Day!!</u></b> Hamburger/ Cheeseburger Or Hot Dog Baked Fries Fresh and Cupped Fruit	19 La Rosa's Pizzeria Pizza Tossed Salad Fresh and Cupped Fruit
22 Chicken Teriyaki With Fried Rice Fortune Cookie Fresh and Cupped Fruit	23 Nachos with all the fixings Rice and Beans Fresh and Cupped Fruit	24 Pancakes with an egg and Sausage Fresh and Cupped Fruit	25 <b><u>National Quesadilla Day!!</u></b> Chicken Quesadilla Rice Local Tree Fruit	26 La Rosa's Pizzeria Pizza <i>Local Bell Pepper Pizza</i> Tossed Salad Fresh and Cupped Fruit
29 Mozzarella Sticks with Marinara Sauce Fresh and Cupped Fruit	30 Mac & Cheese Steamed Broccoli Fresh and Cupped Fruit	 		

## ALSO AVAILABLE DAILY

Assorted Salads  
Assorted Sandwiches  
Cereal Lunch  
Assorted Bento Boxes  
Pizza Crunchers  
Cheeseburger on a Bun



**FOOD  
ALLERGIES**

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

## A Complete Lunch Includes:

Entrée (with Protein/Grain)

**Trip to The Farm Stand** (students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Flavored

**Menu Subject to Change**

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com)



**At least 80% of All Grains served w/ your meal are Whole Grain Rich**

"This institution is an equal opportunity provider."