



October Saint Francis 2025 Elementary School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Chicken Tenders Baked Fries Fresh and Cupped Fruit	2 Popcorn Chicken Baked Fries Fresh and Cupped Fruit	3 La Rosa's Pizzeria Pizza Tossed Salad Fresh and Cupped Fruit Celebrate World Animal Day! <i>Animal Crackers</i>
6 Mac & Cheese Fresh and Cupped Fruit Dinner Roll	7 Tacos with Salsa & Rice & Beans Fresh and Cupped Fruit	8 French Toast Sticks with Sausage Or <i>Local Apple Grilled Cheese Sandwich</i> Fresh and Cupped Fruit	9 La Rosa's Pizzeria Pizza Tossed Salad Fresh and Cupped Fruit	10 NO SCHOOL
13 NO SCHOOL COLUMBUS DAY	14 Pasta with Meatballs Garden Salad Garlic Bread Fresh and Cupped Fruit	15 Chicken & Waffles Fresh and Cupped Fruit	16 Hamburger/ Cheeseburger Or Hot Dog Baked Fries Fresh and Cupped Fruit	17 La Rosa's Pizzeria Pizza Jersey Rainbow Salad <i>w/ Local Field Lettuce</i> Fresh and Cupped Fruit
20 Chicken Teriyaki With Fried Rice Fortune Cookie Fresh and Cupped Fruit	21 Nachos with all the fixings Rice and Beans Fresh and Cupped Fruit	22 Pancakes with an egg and Sausage Fresh and Cupped Fruit	23 Chicken Quesadilla Rice <i>Roasted Local Beets</i> Fresh and Cupped Fruit	24 La Rosa's Pizzeria Pizza Tossed Salad Fresh and Cupped Fruit
27 Mozzarella Sticks with Marinara Sauce Fresh and Cupped Fruit <i>Local Broccoli & Cheddar Soup</i>	28 Mac & Cheese Steamed Broccoli Fresh and Cupped Fruit	29 No Lunch Service	30 <i>Bat-Shaped Chicken Nuggets</i> Baked Fries Fresh and Cupped Fruit	31 No Lunch Service

ALSO AVAILABLE DAILY

Assorted Salads
Assorted Sandwiches
Cereal Lunch
Assorted Bento Boxes
Pizza Crunchers
Cheeseburger on a Bun



A Complete Lunch Includes:

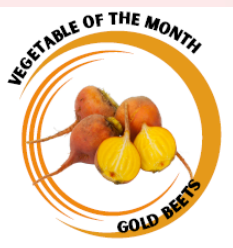
Entrée (with Protein/Grain)

Trip to The Farm Stand (students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Flavored

Menu Subject to Change

Your comments are important to us. Please e-mail us at comments@pomptonian.com



At least 80% of All Grains served w/ your meal are Whole Grain Rich

FOOD ALLERGIES

Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

"This institution is an equal opportunity provider."