



June 2023 GLEN ROCK Elementary Schools



POMPTONIAN
FOOD SERVICE

MONDAYS

Turkey & Cheese on a Kaiser
Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant
Grilled Chicken Caesar Salad w/ a Dinner Roll

TUESDAYS

BOAR'S HEAD Turkey BLT Roll-Ups
Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Honey-Wheat Pretzels & Fruit
Asian Soba Noodle Salad w/ a Fortune Cookie

WEDNESDAYS

Wild West: BOAR'S HEAD Ham w/ Cheese on a Whole Grain Wrap
Peach Yogurt Parfait w/ Granola
Grilled Chicken Cobb Salad w/ Dinner Roll

THURSDAYS

Grilled Chicken Caesar Wrap
Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable
Chicken Chopped Salad w/ Ranch Dressing & a Roll

FRIDAYS

BOAR'S HEAD Italian Sub
Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit
Chicken Salad Bento Box w/ Pita Bread

			1	2
			Ham & Cheese Crepe	Cheese Lasagna w/ Garlic Bread
			Pizzeria Pizza	Pizzeria Pizza
			Pizza Crunchers w/ Dinner Roll	Popcorn Chicken w/ Italian Bread
			Double Hot	Double Hot

5	6	7	8	9
Homemade Tomato Soup & All-White Meat Chicken Fillet Sandwich Pizzeria Pizza Sabrett Hot Dog w/ Fries Double Hot	No School- Unused Emergency Day	Bento Box: Organic Pasta Salad w/ Organic Tomatoes, Peas, Asparagus & Grilled Chicken Pizzeria Pizza Sweet & Sour Chicken Bowl Double Hot	French Toast w/ Local Strawberry Crisp Pizzeria Pizza Pasta w/ Meatballs & Garlic Bread Double Hot	Chicken Tenders w/ Potato Wedges Pizzeria Pizza Beef & 3-Bean Chili Nachos Double Hot

12	13	14	15	16
Organic Grilled Cheese w/ Organic Sweet Potato Wedges Pizzeria Pizza Fish Sticks w/ Fries Double Hot	All Natural Beef Burrito Pizzeria Pizza Baked Ziti w/ Garlic Bread Double Hot	Chicken Tenders w/ Sweet Corn Niblets Pizzeria Pizza BBQ Beef Rib Hero Double Hot	Popcorn Chicken Bowl Pizzeria Pizza Sabrett Hot Dog w/ Baked Beans Double Hot	French Toast w/ Homemade Local Strawberry Crisp Pizzeria Pizza Mozzarella Cheese Stuffed Shells in Pink Sauce w/ Dinner Roll Double Hot

19	20	21	22
Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese Pizzeria Pizza Mozzarella Sticks w/ Marinara Sauce Double Hot	Appetizer Sampler: Boneless Wings, Breaded Mozzarella Sticks, & Pizza Crunchers Pizzeria Pizza Pancakes w/ Sausage Patty Double Hot	Homemade All-Natural Chicken Soup w/ a Grilled Chicken Fillet Sandwich Pizzeria Pizza Chicken Nuggets w/ Dipping Sauce & Dinner Roll Double Hot	½ Day- No Lunches Served

Go to
<http://glenrock.pomptonianmenus.com/order>
to place an order by credit card.

For order edits or cancellations, please e-mail
burtions@glenrocknj.org by 8:00 a.m.



Fruits & vegetables from
The Farm Stand are
included with lunch.

**FOOD
ALLERGIES**

Allergy Aware menus are available for students with food allergies.
For more information contact your Food Service Director or see
our Food Allergy Best Practices at www.pomptonian.com.

Traditional Lunch - \$4.50 per meal

Double Hot Traditional Meal - \$5.50

Boar's Head & Featured Favorite Lunches - \$5.50 (Double Hot not available)

Village Fresh Lunch - \$5.50 (Double Hot not available)

 Organic Lunch - \$6.75 (Double Hot not available)

2-Slice Pizza Meal - \$5.50

Upgrade your Milk Selection!

Add an Organic Milk or Organic Chocolate Milk to your order
for \$2.50 found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:

Entrée w/ Protein/Grain

A Trip to The Farm Stand

Low-Fat Flavored Milk, Skim Milk, 1% Milk,
or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director
at 201 445-7700 ext. 8965

Menu Subject to Change

Everything on this Menu is Baked not Fried

*Your comments are important to us. Please email us at
comments@pomptonian.com*