



# May 2025

# GLEN ROCK Elementary Schools



## MONDAYS

Sun butter & Jelly Sandwich w/ Pretzels and String Cheese

Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant

Grilled Chicken Caesar Salad w/ a Dinner Roll

## TUESDAYS

Turkey BLT Roll-Ups

Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Pretzels & Fruit

Asian Soba Noodle Salad w/ a Fortune Cookie

## WEDNESDAYS

Wild West: Ham w/ Cheese on a Whole Grain Wrap

Peach Yogurt Parfait w/ Granola

Grilled Chicken Cobb Salad w/ a Dinner Roll

## THURSDAYS

Grilled Chicken Caesar Wrap

Bagel Lunch: White or **(NEW) Cinnamon Raisin** Bagel w/ Cream Cheese, Fruit & Vegetable

Chicken Chopped Salad w/ Ranch Dressing & a Roll

## FRIDAYS

Italian Sub

Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit

Chicken Salad Bento Box w/ Grapes & Pita Bread



1	2
Baked Mozzarella Sticks w/ Marinara Sauce and Sweet Corn	Appetizer Meal w/ Educational Snack Cookies
Pizzeria Pizza	Pizzeria Pizza
Chicken Nuggets w/ French Fries <b>Double Hot</b>	Stuffed Crust Pizza <b>Double Hot</b>


5	6	7	8	9
<b>Two Cheese &amp; Green Chili Tamale w/ Rice and Beans and Local Radish Slaw</b> <b>Chicken Tamale w/ Rice and Beans and Local Radish Slaw</b> 	Homemade Mac & Cheese w/ Dinner Roll  Pizzeria Pizza  Popcorn Chicken Bowl <b>Double Hot</b>	 Organic Cheese Quesadilla w/ Salsa, Rice and Scoops Organic Chicken & Cheese Quesadilla w/ Salsa, Rice and Scoops  Pizzeria Pizza Chicken Teriyaki w/ Vegetable Egg Roll and a Fortune Cookie <b>Double Hot</b>	Beef Nachos w/ Scoops  Pizzeria Pizza  Pancakes w/ Egg Patty and Hash brown <b>Double Hot</b>	Sloppy Joe Sandwich on a Kaiser w/ French Fries  Pizzeria Pizza  Chicken Tenders w/ French Fries <b>Double Hot</b>

Homemade Grilled Cheese w/ French Fries  
**Double Hot**

12	13	14	15	16
<b>Chicken Parmesan on a Bun</b>  Pizzeria Pizza  Mini Cheese Ravioli w/ Marinara and Dinner Roll <b>Double Hot</b>	Boneless Chicken Wings w/ Mashed Potatoes  Pizzeria Pizza  Homemade Baked Ziti <b>Double Hot</b>	Cheeseburger w/ French Fries Beef Burger w/ French Fries Vegan Impossible Burger w/ French Fries  Pizzeria Pizza  <b>BBQ Rib w/ Mashed Potatoes</b> <b>Double Hot</b>	Orange Chicken w/ Vegetable Fried Rice and Fortune Cookie  Pizzeria Pizza  Pizza Crunchers w/ Tater Tots <b>Double Hot</b>	Chicken Filet on a Bun w/ French Fries  Pizzeria Pizza  Alfredo Pasta w/ Broccoli Florets and Garlic Bread <b>Double Hot</b>

<p>19 Popcorn Chicken w/ Cheesy Mashed Potatoes</p> <p>Pizzeria Pizza</p> <p><b>Roasted Turkey w/ Mashed Potatoes, Gravy and Sweet Corn Double Hot</b></p>	<p>20 Sabrett Hot Dogs w/ Sweet Potato Fries</p> <p>Pizzeria Pizza</p> <p>Cheese Tortellini w/ Pink Sauce and Dinner Roll <b>Double Hot</b></p>	<p>21 Turkey Nachos w/ Scoops</p> <p>Pizzeria Pizza</p> <p>French Toast Sticks w/ Egg Patty and Hash Brown <b>Double Hot</b></p>	<p>22 Chicken Tenders w/ Star- Shaped Pretzel</p> <p>Pizzeria Pizza</p> <p>Cheese Pierogis w/ Hot Dog Bites <b>Double Hot</b></p>	<p>23 Meatball Parmesan</p> <p>Pizzeria Pizza</p> <p>Turtle Shell Pasta w/ Marinara and Garlic Bread <b><u>NATIONAL TURTLE DAY!</u></b> <b>Double Hot</b></p>
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<p>26</p> 	<p>27</p> <p>Chicken Filet on a Bun w/ Sweet Potato Fries</p> <p>Pizzeria Pizza</p> <p>Mini Cheese Ravioli w/ Marinara Sauce &amp; Garlic Bread <b>Double Hot</b></p>	<p>28</p>  <p>Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese &amp; Ketchup w/ Fresh Baked Seasoned Potato Wedges</p> <p>Pizzeria Pizza</p> <p>Pizza Crunchers w/ Sweet Potato Fries <b>Double Hot</b></p>	<p>29</p> <p>French Bread Pizza</p> <p>Pizzeria Pizza</p> <p>Cheese Lasagna Roll Up w/ Pink Sauce and Garlic Bread <b>Double Hot</b></p>	<p>30</p> <p>Big Daddy's 4 Cheese Pizza</p> <p>Pizzeria Pizza</p> <p>Chicken Nuggets w/ Tater Tots <b>Double Hot</b></p>
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**VEGETABLE  
OF THE MONTH**



**LOCALLY GROWN  
RED RADISHES**

**FRUIT OF THE MONTH**



**LOCALLY GROWN  
STRAWBERRIES**


Go to  
<http://glenrock.pomptonianmenus.com/order>  
to place an order by credit card.



Fruits and vegetables  
from The Farm Stand are  
included with lunch.

**FOOD  
ALLERGIES**

Allergy-Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at [www.pomptonian.com](http://www.pomptonian.com).

- Traditional Lunch - \$5.50 per meal
- Double Hot Traditional Meal - \$6.50
- Dietz & Watson \$6.00 (Premium Meal)
- Featured Favorite Lunches - \$5.75 (Double Hot not available)
- Village Fresh Lunch - \$5.50 (Double Hot not available)
-  Organic Lunch - \$7.25 (Double Hot not available)
- 2-Slice Pizza Meal - \$6.25

**A Complete Meal Includes:**

Entrée w/ Protein/Grain

**A Trip to The Farm Stand**

Low-Fat Flavored Milk, Skim Milk, 1% Milk,  
or 4 oz. Pure Fruit Juice

**Upgrade your Milk Selection!**

Add an Organic Milk or Organic Chocolate Milk to your order for \$2.50 found in the BEVERAGE OR SNACK menu

Any questions, call Food Service Director at 201 445-7700 ext. 8965  
*Menu Subject to Change*

**Everything on this Menu is baked not Fried**  
*Your comments are important to us. Please email us at [comments@pomptonian.com](mailto:comments@pomptonian.com)*