

MONDAYS

Sun butter & Jelly Sandwich w/ Pretzels and String Cheese

Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant

Grilled Chicken Caesar Salad w/ a Dinner Roll

TUESDAYS

Turkey BLT Roll-Ups

Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Pretzels & Fruit

Asian Soba Noodle Salad w/ a Fortune Cookie

WEDNESDAYS

Wild West: Ham w/ Cheese on a Whole Grain Wrap

Peach Yogurt Parfait w/ Granola

Grilled Chicken Cobb Salad w/ a Dinner Roll

THURSDAYS

Grilled Chicken Caesar Wrap

Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable

Chicken Chopped Salad w/ Ranch Dressing & a Roll

FRIDAYS

Italian Sub

Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit

Chicken Salad Bento Box w/ Grapes & Pita Bread

5

6

7

3
Chicken Filet on a Bun w/ Tater Tots

Pizzeria Pizza

Mozzarella Sticks w/ Marinara Dipping Sauce and Sweet Corn
Double Hot

4
Sabrett Hot Dog w/ Mashed Potatoes

Pizzeria Pizza

Boneless Chicken Wings w/ Mashed Potatoes
Double Hot

Turkey Nachos w/Brown Rice & Scoops

Pizzeria Pizza

Chicken Tenders w/ Roasted Vegetables
Double Hot

 Organic Cheese Quesadilla w/ Salsa, Rice and Scoops
Organic Chicken & Cheese Quesadilla w/ Salsa, Rice and Scoops

Pizzeria Pizza

Popcorn Chicken w/ French Fries
Double Hot

French Bread Pizza

Pizzeria Pizza

French Toast Sticks w/ Hash brown and Egg Patty

Double Hot

*****Every Friday for Lent we will be offering meatless options w/ Vegan Impossible Burgers as a weekly alternate*****

10

11

12

13

14

NO LUNCH

BBQ Rib w/ Mashed Potatoes

Pizzeria Pizza

Chicken Nuggets w/ French Fries
Double Hot

Meatball Parmesan

Pizzeria Pizza

Macaroni & Cheese w/ Dinner Roll
Double Hot

Cheese Pierogis w/ Hot Dog Bites

Pizzeria Pizza

Chicken Teriyaki w/ Vegetable Egg Roll and a Fortune Cookie
Double Hot

Pasta w/ Marinara sauce and Dinner Roll w/ Mixed Veggies

Pizzeria Pizza

Beacon Street Stuffed Cheese Sticks w/ Marinara Dipping Sauce and Mixed Vegetables

Double Hot

17

18

19

20

21

Corned Beef Reuben on Rye w/ French Fries

Pizzeria Pizza


Pasta w/ Beef Meatballs
Double Hot

Feat Local Apples this week on the Farmstand!

Pizza Burger w/ French Fries

Pizzeria Pizza

Popcorn Chicken Bowl
Double Hot

 Organic Chicken Nuggets w/ BBQ Sauce and Tater Tots

Pizzeria Pizza

Cheese Tortellini w/ Marinara Sauce and Garlic Bread
Double Hot

Chicken Filet on a Bun w/ French Fries

Pizzeria Pizza

Boneless Chicken Wings w/ Dipping Sauce, French Fries
Double Hot

Mini Cheese Ravioli w/ **Local Crushed Tomato Marinara** and a Dinner Roll

Pizzeria Pizza

Cheese Stuffed Shells w/ Pink Sauce **Food & Nutrition Cookies**
Double Hot

24

25

26

27

28

Pizza Quesadilla

Pizzeria Pizza

French Toast Sticks w/ Egg Patty and Hash Brown
Double Hot

Beef Nachos w/ Brown Rice & Scoops

Pizzeria Pizza

Macaroni & Cheese w/ Dinner Roll
Double Hot

Roasted Turkey Breast w/ Mashed Potatoes/Gravy and Sweet Green Peas

Pizzeria Pizza

Chicken Tenders w/ French Fries
Double Hot

Appetizer Sampler

Pizzeria Pizza

Chicken Nuggets w/ Sweet Potato Fries
Double Hot

Stuffed Crust Pizza

Pizzeria Pizza

Pancakes w/ Tater Tots and Egg Patty
Double Hot

Cheese Pierogis w/ Hot Dog Bites

Pizzeria Pizza

Popcorn Chicken w/ Tater Tots
Double Hot

March 2025

GLEN ROCK Elementary Schools




VEGETABLE OF THE MONTH



POMPTONIAN
FOOD SERVICE

Go to <http://glenrock.pomptonianmenus.com/order> to place an order by credit card.

Fruits & vegetables from The Farm Stand are included with lunch.

- Traditional Lunch - \$5.50 per meal
- Double Hot Traditional Meal - \$6.50
- Dietz & Watson \$6.00 (Premium Meal)
- Featured Favorite Lunches - \$5.75 (Double Hot not available)
- Village Fresh Lunch - \$5.50 (Double Hot not available)
-  Organic Lunch - \$7.25 (Double Hot not available)
- 2-Slice Pizza Meal - \$6.25

FOOD ALLERGIES

Allergy-Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

Upgrade your Milk Selection!
Add an Organic Milk or Organic Chocolate Milk to your order for \$2.50 found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:
Entrée w/ Protein/Grain
A Trip to The Farm Stand
Low-Fat Flavored Milk, Skim Milk, 1% Milk, or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director at 201 445-7700 ext. 8965
Menu Subject to Change

Everything on this Menu is baked not Fried
Your comments are important to us. Please email us at comments@pomptonian.com