



April 2025

GLEN ROCK Elementary Schools



MONDAYS

Sunbutter & Jelly Sandwich w/ Pretzels & String Cheese

Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant

Grilled Chicken Caesar Salad w/ a Dinner Roll

TUESDAYS

Turkey BLT Roll-Ups

Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Pretzels & Fruit

Asian Soba Noodle Salad w/ a Fortune Cookie

WEDNESDAYS

Wild West: Ham w/ Cheese on a Whole Grain Wrap

Peach Yogurt Parfait w/ Granola

Grilled Chicken Cobb Salad w/ a Dinner Roll

THURSDAYS

Grilled Chicken Caesar Wrap

Bagel Lunch: White or **(NEW) Cinnamon Raisin** Bagel w/ Cream Cheese, Fruit & Vegetable

Chicken Chopped Salad w/ Ranch Dressing & a Roll

FRIDAYS

Italian Sub

Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit

Chicken Salad Bento Box w/ Grapes & Pita Bread

	1	2	3	4
	Cheeseburger w/ Tater Tots	Turkey Nachos w/ Brown Rice & Scoops	 Organic Chicken Nuggets w/ BBQ Sauce & Tater Tots	Appetizer Meal w/ Educational Snack Cookies
	Beef Burger w/ Tater Tots	Pizzeria Pizza	Pizzeria Pizza	Vegan Impossible Burger w/ French Fries
	Pizzeria Pizza	Chicken Tenders w/ Roasted Veggies Double Hot	Macaroni & Cheese w/ Dinner Roll Double Hot	Pizzeria Pizza
	Boneless Chicken Wings w/ Mashed Potatoes Double Hot			Cheese Lasagna Roll-Up w/ Pink Sauce & Garlic Bread Double Hot
7	8	9	10	11
Stuffed Crust Pizza	Chicken Nuggets w/ French Fries	 Organic Cheese Quesadilla w/ Salsa, Rice & Scoops	BBQ Pulled Chicken on a Kaiser w/ French Fries	Beacon Street Stuffed Cheese Sticks w/ Marinara Dipping Sauce & Mixed Vegetables
Pizzeria Pizza	Pizzeria Pizza		Pizzeria Pizza	
Pasta w/ Beef Meatballs Double Hot	Homemade Baked Ziti Double Hot	 Organic Chicken & Cheese Quesadilla w/ Salsa, Rice & Scoops	Chicken Teriyaki w/ Vegetable Egg Roll & a Fortune Cookie Double Hot	Vegan Impossible Burger w/ French Fries
		Pizzeria Pizza		Pizzeria Pizza
		BBQ Rib w/ Mashed Potatoes Double Hot		Pancakes w/ Turkey Sausage & Hash Brown Double Hot
14	15	16	17	18
Spring Break	Spring Break	Spring Break	Spring Break	Spring Break



21	22	23	24	25
Popcorn Chicken Bowl	Sabrett Hot Dog w/ Waffle Fries	National Grilled Cheese Month!	Chicken Fillet on a Bun w/ Sweet Potato Fries	National Banana Day: Banana Split Yogurt Parfait w/ Vanilla Wafer Cookies
Pizzeria Pizza	Pizzeria Pizza	Grilled Cheese on Texas Toast w/ French Fries	Pizzeria Pizza	
Roasted Turkey w/ Mashed Potatoes, Gravy & Sweet Corn Double Hot	Macaroni & Cheese w/ a Dinner Roll Double Hot	Pepperoni Pizza Grilled Cheese on Texas Toast w/ French Fries	Chicken Tenders w/ Local Spinach Side Salad Double Hot	Pizzeria Pizza Chicken Nuggets w/ Tater Tots Double Hot
<i>Local Applesauce featured on The Farm Stand this week!</i>	<i>*Chia Seed Pudding w/ Berries sample w/ all lunches</i>	Ham & Swiss Grilled Cheese on Texas Toast w/ French Fries		

Pizzeria Pizza

28	29	30
Popcorn Chicken w/ Mashed Potatoes	Pasta w/ Grilled Chicken, Broccoli Florets & Parmesan Cheese w/ a Dinner Roll	 Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese & Ketchup w/ Fresh Baked Seasoned Potato Wedges
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
French Toast w/ Egg Patty & Tater Tots Double Hot	Mini Cheese Ravioli w/ Marinara Sauce & a Dinner Roll Double Hot	Pizza Crunchers w/ Sweet Potato Fries Double Hot


Go to
<http://glenrock.pomptonianmenus.com/order>
to place an order by credit card.



Fruits & vegetables from The Farm Stand are included with lunch.



Allergy-Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

- Traditional Lunch - \$5.50 per meal
- Double Hot Traditional Meal - \$6.50
- Dietz & Watson \$6.00 (Premium Meal)
- Featured Favorite Lunches - \$5.75 (Double Hot not available)
- Village Fresh Lunch - \$5.50 (Double Hot not available)
-  Organic Lunch - \$7.25 (Double Hot not available)
- 2-Slice Pizza Meal - \$6.25

Upgrade your Milk Selection!
Add an Organic Milk or Organic Chocolate Milk to your order for \$2.50 found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:
Entrée w/ Protein/Grain
A Trip to The Farm Stand
Low-Fat Flavored Milk, Skim Milk, 1% Milk,
or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director at 201 445-7700 ext. 8965
Menu Subject to Change

Everything on this Menu is baked not Fried
Your comments are important to us. Please email us at comments@pomptonian.com