

CRESSKILL HIGH SCHOOL – SEPTEMBER 2025



AVAILABLE DAILY

Monday 1	LABOR DAY	NO SCHOOL		Deli Central Made-to-Order Deli Bar Assorted Grab & Go Sandwiches
Tuesday 2	◆ Cavatelli & Broccoli with Cannellini Beans & Garlic Bread	◆ Fresh Barbecue Chicken, Bacon & Cheddar Cheese Quesadilla	◆ Spaghetti with Jersey Fresh Meat Sauce & Garlic Bread	Pizzeria Pizza Big Daddy's Pizza PIZZA ZONE
Wednesday 3	◆ Spicy Sweet & Sour Chicken with Rice	Turkey, Broccoli & Swiss Cheese Panini	Macaroni & Cheese with Crusty Bread	◆ Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun
Thursday 4	◆ Swedish Meatballs with Egg Noddles	Cheesesteak in a Whole Wheat Wrap with Fried Onions	◆ Penne with Spicy Jersey Fresh Marinara Sauce & Sausage	◆ Mediterranean Bento Box – Hummus with Fresh Vegetables & Pita Chips ◆ Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces Daily Dish
Friday 5	Mozzarella Sticks with French Fries & Bread	National Cheese Pizza Day French Bread Pizza OR French Bread Pizza with Pepperoni	Pasta with Pink Sauce & Shredded Mozzarella Cheese	FRESH FARMISTAND Farm Fresh Salad Bar Assorted Grab & Go Salad Specials Assorted salad selections offered with a Roll

Vegetarian Entrées in Green

◆ = Featured Favorite Lunch

A complete meal includes: Entrée with Protein/Grain, Servings of Fruit/Vegetable & a Choice of Milk.
Also available daily: Assorted cold beverages, homemade soups, fresh & chilled fruit bowl & bread basket.
Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change

**FOOD
ALLERGIES**






Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.



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Monday 8	◆ Spicy BBQ Chicken with Rice & Veggies	Buffalo Chicken Sliders on Buns	◆ Pasta & Jersey Fresh Marinara Sauce with Cheese	 Made-to-Order Deli Bar Assorted Grab & Go Sandwiches Pizzeria Pizza  ◆ Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun ◆ Mediterranean Bento Box – Hummus with Fresh Vegetables & Pita Chips ◆ Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces   Farm Fresh Salad Bar Assorted Grab & Go Salad Specials <i>Assorted salad selections offered with a Roll</i>	
Tuesday 9	Crispy Chicken on a Bun with Lettuce & Tomato	Grilled Cheese with Tomato	Rigatoni Pasta with Spicy Sausage & Pink Sauce		
Wednesday 10	◆ Chicken Arizona - Grilled Chicken, Roasted Red Peppers, Melted Provolone Cheese & Honey Mustard on a Kaiser Roll	Italian-Style Sabrett All-Beef Hot Dog with Peppers, Onions & Potatoes on Ciabatta	Bow-Tie Pasta with Meatballs & Jersey Fresh Marinara Sauce		
Thursday 11	Sausage, Peppers & Onions over Rice	Chicken Bowl - Mashed Potatoes topped with Corn, Boneless Chicken Wings, Cheddar Cheese & Gravy with a Roll	◆ Pasta Salad with Veggies, Cheese & Bread		
Friday 12	◆ Chickpea Salad Sandwich	◆ Fresh Grilled Chicken on a Whole Wheat Kaiser Roll	◆ Whole Grain Penne with Cheese, Sun-Dried Tomatoes & Garlic		

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Monday 15	◆ Sweet Sriracha Chili Chicken & Rice Bowl	◆ Falafel Bowl - Brown Rice topped with Lettuce, Tomatoes & Veggies with Falafel & Tzatziki Sauce	◆ Penne with Broccoli, Cheese, Garlic & Oil	<p>Made-to-Order Deli Bar Assorted Grab & Go Sandwiches</p> <p>Pizzeria Pizza</p> <p>◆ Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun</p> <p>◆ Mediterranean Bento Box – Hummus with Fresh Vegetables & Pita Chips ◆ Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces</p> <p>FRESH FARMSTAND</p> <p>Farm Fresh Salad Bar Assorted Grab & Go Salad Specials Assorted salad selections offered with a Roll Local Tree Fruit</p>
Tuesday 16	Chicken Teriyaki with Rice & Vegetables	Grilled Cheese & Tomato Panini	Pasta with Pink Sauce & Shredded Mozzarella Cheese	
Wednesday 17	3-D Burger on a Bun	◆ Grilled Fresh Chicken Pesto Hero	◆ Stuffed Shells Parmesan with Bread	
Thursday 18	Bacon, Egg & Cheese on a Bagel	National Cheeseburger Day Bacon Cheeseburger on a Kaiser Roll	◆ Soba Noodle Vegetable Salad (with optional Grilled Chicken)	
Friday 19	◆ Fresh Roasted Chicken over Rice	◆ Balsamic Roasted Portobello Mushroom with Pesto & Roasted Red Pepper on a Kaiser Roll	◆ Pasta Primavera with Veggies & Cheese	

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Monday 22	Meatballs with Spicy Marinara and Penne	Ham, Egg & Cheese on a Bagel	Cacio e Pepe (Cheese & Pepper) Pasta	Deli Central Made-to-Order Deli Bar Assorted Grab & Go Sandwiches Pizzeria Pizza PIZZA ZONE
Tuesday 23	ROSH HASHANAH	NO SCHOOL		
Wednesday 24	Celebrate Hispanic Heritage Month Pupusa with Local Bell Pepper Curtido	Grilled Mozzarella with Tomato on Texas Toast	◆ Spaghetti with Jersey Fresh Meat Sauce	AMERICAN GRILLE ◆ Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun
Thursday 25	Baked Potato with Broccoli, Cheddar Cheese & Bread	National Quesadilla Day Chicken Quesadilla with Peppers & Onions	◆ Homemade Baked Ziti with Jersey Fresh Marinara Sauce & Ricotta Cheese	◆ Mediterranean Bento Box – Hummus with Fresh Vegetables & Pita Chips ◆ Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces Daily Dish
Friday 26	Stuffed Shells Marinara served with Local Bell Pepper Pizza	Cheesesteak Sandwich with Peppers & Onions	◆ Chicken & Vegetable Lo Mein	FRESH FARMISTAND Farm Fresh Salad Bar Assorted Grab & Go Salad Specials Assorted salad selections offered with a Roll Local Tree Fruit

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Monday 29	Chicken BLT Sliders on Buns	Monte Cristo Sandwich	◆ Whole Grain Penne with Jersey Fresh Meat Sauce	Deli Central	Made-to-Order Deli Bar Assorted Grab & Go Sandwiches	
Tuesday 30	◆ Cheese Stuffed Shells with Marinara Sauce & Mozzarella Cheese	Spicy Barbecue Chicken Wrap with Lettuce & Tomato	◆ Pasta Marinara with Cheese & Bread		Pizzeria Pizza	PIZZA ZONE
Wednesday October 1	◆ Chicken & Vegetable Stir-Fry over Rice (Vegetarian alternate available)	Plant-Based Tenders with Honey Mustard Dressing & a Whole Grain Roll	◆ Homemade Baked Ziti with Jersey Fresh Marinara Sauce & Ricotta Cheese	AMERICAN GRILLE	◆ Chicken Tenderloins Crispy Chicken Patty Sandwich Burgers on Buns Mozzarella Sticks Chicken Nuggets Plant-Based Tenders Garden Burger on a Bun	
Thursday 2	YOM KIPPUR	NO SCHOOL			◆ Mediterranean Bento Box – Hummus with Fresh Vegetables & Pita Chips ◆ Paris Café – Assorted Cheese Cubes with a Mini Croissant & Sweet Grapes Assorted Pastas & Sauces	Daily Dish
Friday 3	◆ Chicken Empanadas with Rice	Corned Beef Reuben	Macaroni & Cheese	FRESH FARMSTAND	Farm Fresh Salad Bar Assorted Grab & Go Salad Specials Assorted salad selections offered with a Roll	

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