




WEST MORRIS REGIONAL HIGH SCHOOLS – FEBRUARY 2019



Daily Dish



AVAILABLE DAILY

	American Heart Month		<p><i>Deli Central</i></p> <p>Made-to-Order Boar's Head Deli Bar Made-to-Order Chicken Tender Sandwich Assorted Grab & Go Sandwiches Panini Made Fresh Daily</p>  <p>Pizzeria-Style Pizza Assorted Specialty Pizzas</p> <p>PIZZA ZONE</p> <ul style="list-style-type: none"> Chicken Tenders Chicken Fillet on a Roll Spicy Chicken Fillet on a Roll Cheeseburger on a Bun and More! <p><i>All Chicken Entrées on the American Grille are Premium White Meat</i></p> <p>Assorted Grab & Go Salad Specials or Customize-Your-Own Salad from our Salad Bar <i>offered with a roll daily</i></p> <p>FRESH FARMISTAND</p>
			
		Happy Valentine's Day	
Friday 1	Grilled Chicken with Fresh Lettuce, Tomato & Onion. Served on Pita Bread	Boardwalk Panini with Sausage, Peppers & Onion	

Proud to feature products when available



 Village Fresh Selections *Pomptonian incorporates locally grown produce, when available.*

Fruits & vegetables from The Farm Stand are included with lunch.

A complete meal includes: Entrée with Protein/Grain, a Trip to The Farm Stand & a Choice of Milk.








Also available daily: Assorted cold beverages, soups, vegetables & fresh & chilled fruit bowl. All Snacks are in compliance with the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change



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Monday 4	Nachos Grande with Seasoned Taco Meat, Cheese, Rice & Scoops Chips	Meatball Parmesan Panini	 Made-to-Order Boar's Head Deli Bar Made-to-Order Chicken Tender Sandwich Assorted Grab & Go Sandwiches Panini Made Fresh Daily  Pizzeria-Style Pizza Assorted Specialty Pizzas   Chicken Tenders Chicken Fillet on a Roll Spicy Chicken Fillet on a Roll Cheeseburger on a Bun and More! <i>All Chicken Entrées on the American Grille are Premium White Meat</i> Assorted Grab & Go Salad Specials or Customize-Your-Own Salad from our Salad Bar <i>offered with a roll daily</i> 
Tuesday 5	General Tso's Chicken with Rice & Vegetables	 Spicy Chicken Breast Filet & Cheddar Cheese Panini	
Wednesday 6	Barbecue Pulled Pork on a Roll served with Onion Rings	Pepperoni Pizza Panini	
Thursday 7	Build-Your-Own Cheesesteak Hero Bar with Assorted Toppings	Italian Panini with Ham, Salami, Provolone Cheese & Grilled Peppers	
Friday 8	Chicken Fajita Burrito with Cheddar Cheese	 Breaded Chicken Breast Filet Parmesan Panini	



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Monday 11	Grilled Chicken Alfredo served over Pasta	Chicken Fajita Melt Panini	<p><i>Deli Central</i></p> <p>Made-to-Order Boar's Head Deli Bar Made-to-Order Chicken Tender Sandwich Assorted Grab & Go Sandwiches Panini Made Fresh Daily</p> <p>Pizzeria-Style Pizza Assorted Specialty Pizzas</p> <p>PIZZA ZONE</p> <p> Chicken Tenders Chicken Fillet on a Roll Spicy Chicken Fillet on a Roll Cheeseburger on a Bun and More!</p> <p><i>All Chicken Entrées on the American Grille are Premium White Meat</i></p> <p>Assorted Grab & Go Salad Specials or Customize-Your-Own Salad from our Salad Bar <i>offered with a roll daily</i></p> <p>FRESH FARMSTAND</p>
Tuesday 12	Taco Tuesday – Soft Shell Tacos with Choice of Toppings	Buffalo Spicy Crispy Chicken Panini	
Wednesday 13	Half Day No Lunch	Half Day No Lunch	
Thursday 14	Popcorn Chicken Bowl with Mashed Potatoes, Corn & Gravy	Barbecue Pulled Pork Panini with Jack Cheese & Jalapeños	
Friday 15	Crispy Chicken Parmesan with Pasta	Chicken Club Panini with Chicken Provolone Cheese, Bacon, Lettuce & Tomato	



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Monday 18	Presidents' Day No School	Presidents' Day No School	 <p>Made-to-Order Boar's Head Deli Bar Made-to-Order Chicken Tender Sandwich Assorted Grab & Go Sandwiches Panini Made Fresh Daily</p>  <p>Pizzeria-Style Pizza Assorted Specialty Pizzas</p>  <p>  Chicken Tenders  Chicken Fillet on a Roll  Spicy Chicken Fillet on a Roll Cheeseburger on a Bun and More! </p> <p><i>All Chicken Entrées on the American Grille are Premium White Meat</i></p> <p>Assorted Grab & Go Salad Specials or Customize-Your-Own Salad from our Salad Bar <i>offered with a roll daily</i></p> 
Tuesday 19	Build-Your-Own Burrito Bar - Choose from a variety of Toppings	Breakfast Panini with Eggs, Bacon, Peppers & Cheddar Cheese	
Wednesday 20	Macaroni & Cheese	Cuban Panini with Ham, Pork, Swiss Cheese & Pickles	
Thursday 21	Build-Your-Own Burger Bar – Hamburger on a Bun with Assorted Toppings	 Grilled Chicken Florentine Panini with Chicken, Pesto, Cheese, Spinach & Tomato	
Friday 22	Beef Chili garnished with Shredded Cheddar Cheese with a Roll	Boardwalk Panini with Sausage, Peppers & Onion	

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Monday 25	Chicken Teriyaki & Veggie Fried Rice with a Fortune Cookie	Meatball Parmesan Panini	 <p>Made-to-Order Boar's Head Deli Bar Made-to-Order Chicken Tender Sandwich Assorted Grab & Go Sandwiches Panini Made Fresh Daily</p>  <p>Pizzeria-Style Pizza Assorted Specialty Pizzas</p>  <p>Chicken Tenders Chicken Fillet on a Roll Spicy Chicken Fillet on a Roll Cheeseburger on a Bun and More!</p> <p><i>All Chicken Entrées on the American Grille are Premium White Meat</i></p> <p>Assorted Grab & Go Salad Specials or Customize-Your-Own Salad from our Salad Bar <i>offered with a roll daily</i></p>  
Tuesday 26	Nachos Grande with Seasoned Taco Meat, Brown Rice & Tortilla Chips	 Spicy Breaded Chicken Breast & Cheddar Cheese Panini	
Wednesday 27	Pasta Bar with Choice of Sauces and Choice of Meatballs, Chicken or Sausage	Pepperoni Pizza Panini	
Thursday 28	Barbecue Pulled Pork on a Bun with Corn	Italian Panini with Ham, Salami, Provolone Cheese & Grilled Peppers	

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