

PARENTS CHOOSE



Many parents want to help their child make proper dining choices. Your school cafeteria is working to help. Most importantly, Pomptonian designs a menu of popular choices that, over the course of the week, achieve several nutritional goals.

Each day, meals contain:

- An entrée
- An unlimited selection of fresh fruit and vegetables from The Farm Stand
- A hormone-free, low or non-fat milk selection

The cafeteria also offers snacks that adhere to the District's Wellness Policy, which limits the amount of total fat and saturated fat.

Parents can further limit their child's choices by restricting prepaid balances to meals only. This ensures your prepaid lunch account is used solely for wholesome meals. To take advantage of this option, email your Food Service Director so your child's account can be updated.