



APRIL RIDGEFIELD PARK

2017 Jefferson School



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		Selections on The Farm Stand are included with lunch. Choose $\frac{1}{2}$ a cup of fruit and 1 cup of vegetable from a variety of options daily.		
3 Popcorn Chicken w/ Dip & a Roll	4 Baked Mozzarella Sticks w/ Marinara Sauce	5 All-Beef Hot Dog on a Bun w/ Sweet Potato Tots	6 French Toast Sticks w/ an Egg Patty	7 Mangiamo's Pizza 100% Pure Fruit Juice
			Weekly Alternate: Chicken Patty on a Bun	
10 Spring	11 Break	12 Schools	13 Closed	14 Good Friday
17 Baked Chicken Nuggets w/ Corn Niblets & a Roll	18 Baked Macaroni & Cheese w/ a Dinner Roll	19 Nachos Grande w/ Turkey Taco Meat, Brown Rice & Scoops! Chips	20 Hamburger on a Bun w/ Oven Fries	21 EARTH DAY 2/22 Mangiamo's Pizza 100% Pure Fruit Juice
Weekly Alternate: Pizza Crunchers				
24 Chicken Sliders on Buns w/ Green Beans	25 Pizza Crunchers w/ Marinara Sauce	26 Pasta w/ Meatballs & a Dinner Roll	27 All-Beef Hot Dog on a Bun	28 Mangiamo's Pizza 100% Pure Fruit Juice
		Weekly Alternate: Popcorn Chicken w/ Dip & a Roll		

ALSO AVAILABLE DAILY

GRILLED CHICKEN SALAD LUNCH

Tossed Greens w/ Sliced Chicken, Vegetables & Choice of Dressing served w/ a Roll

BAGEL MEAL

Bagel w/ Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, Pretzels, Sliced Bread & a Trip to The Farm Stand

DELI SANDWICH

Week 1: Italian Mini Hero w/ Lettuce & Tomato

Week 2: Spring Break - Schools Closed

Week 3: Turkey Breast on a Roll w/ Lettuce & Tomato

Week 4: Tuna on a Roll w/ Lettuce & Tomato

A Complete Lunch Includes:
 Entrée (with Protein/Grain)
Trip to The Farm Stand
 Milk Choice: 1% White, Skim, or Non-Fat Chocolate
Menu Subject to Change
 Your comments are important to us.
 Please e-mail us at
comments@pomptonian.com



At least 50% of All Grains served w/ your meal are Whole Grain Rich



"This institution is an equal opportunity provider."