



# SEPTEMBER NEW PROVIDENCE

2019

Elementary Schools



POMPTONIAN  
FOOD SERVICE




**MONDAY      TUESDAY      WEDNESDAY      THURSDAY      FRIDAY**

◆ Complete Lunch  
Featured Favorite  
Lunch



**Each day, at least 10 different fresh fruits and vegetables are offered with lunch. Please encourage your child to make them a part of his/her meal!!**



2 <b>HAPPY LABOR DAY</b>	3 	4 <b>LUCKY STICKER DAY</b> Hamburger or Cheeseburger on a Bun with Smiley Potatoes <i>Winners Receive Free Snack</i>	5 Popcorn Chicken with Dipping Sauce & Veggie Sticks	6 Bellariva's Cheese Pizza
◆ All-White Meat Chicken Tenders with Dipping Sauce				
9 Spicy or Barbecue Baked Chicken Wings with Celery Sticks & Ranch Dressing	10 Nachos Grande with Seasoned Taco Meat, Cheese, Lettuce & Tomato	11 <b>Breakfast for Lunch</b> Pancakes with a Hash Brown & Applesauce	12 Crispy Chicken Patty Sandwich on a Bun with Fresh Veggies	13 Bellariva's Cheese Pizza
◆ Boar's Head Ham & Cheese Calzone with Marinara Sauce				
16 Chicken Nuggets with Tater Tots	17 <b>LUCKY STICKER DAY</b> Pizza Bagel with Steamed Veggies <i>Winners Receive Free Snack</i>	18 Pasta with Marinara Sauce, Meatballs & Garlic Bread	19 All-Beef Hot Dog on a Bun with Vegetarian Baked Beans	20 Bellariva's Cheese Pizza
◆ All-White Meat Chicken Tenders with Dipping Sauce				
23 Popcorn Chicken with Dipping Sauce & Sweet Potato Fries	24 <b>Breakfast for Lunch</b> Baked Waffle Sticks with Strawberries & Sausage	25 <b>Wild Wing Wednesday</b> Boneless Wings with Spicy or Barbecue Sauce & Veggie Sticks	26 Baked Macaroni & Cheese with a Dinner Roll & Steamed Broccoli	27 Bellariva's Cheese Pizza
◆ All-Natural Grilled Lemon Chicken Breast with Brown Rice				
30 No School - Rosh Hashanah	<b>A Complete Lunch Includes:</b> Entrée with Protein/Grain <b>Trip to The Farm Stand</b> Milk Choice: 1%, Skim, or Non-Fat Chocolate <i>Menu Subject to Change</i>			 <b>Locally Grown Veggie of the Month</b>

**AVAILABLE DAILY:**

- ◆ Boar's Head Deli Sandwiches on a variety of freshly baked Breads & Wraps (Turkey, Ham &/or Salami)
- ◆ Variety of freshly made Salads (Grilled Chicken Caesar, Garden, Chef's)
- \* Homemade Yogurt Parfait with Fresh Fruit & Greek Yogurt
- \* Variety of Baked Snacks, Low-Fat Ice Cream & 100% Juice Drinks
- \* BAGEL LUNCH – Jersey Bagel with Fruit & Vegetable, Cheese Stick & Choice of Drink

Your comments are important to us. Please e-mail us at [comments@pomptonian.com](mailto:comments@pomptonian.com).

Your Food Service Director is Melissa Muglia. Contact her directly at (908) 464-4700 ext.1628 or [mmuglia@npsdnj.org](mailto:mmuglia@npsdnj.org)



**Locally Grown Fruit of the Month**