

JANUARY 2021

Hopewell Valley Regional

After School Care Pre-Order Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Free meals for			HAPPYNEW 2021
4 Chicken Caesar Salad w/ Dressing & a Dinner Roll	5 Italian Hero on a Hoagie Roll	6 Nachos w/ Cheese & Salsa	7 Bento Box – Chicken Breast Strips w/ Pita Wedges	8 Make Your Own Pizza Bento Box
Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese
Vegetable & Fruit	Vegetable & Fruit	Vegetable & Fruit	Vegetable & Fruit Free Cookie w/ Lunch	Vegetable & Fruit
Popcorn Chicken Salad w/ a Dinner Roll	12 Homemade Chicken Salad on a Roll	Nachos w/ Cheese & Salsa	14 Tuna Fish Sandwich on a Kaiser Roll	15 Make Your Own Pizza Bento Box
Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese
Vegetable & Fruit	Vegetable & Fruit	Vegetable & Fruit	Vegetable & Fruit	Vegetable & Fruit
18 Schools Closed	19 Italian Hero on a Hoagie Roll	Nachos w/ Cheese & Salsa	21 Bento Box – Chicken Breast Strips w/ Pita Wedges	22 Make Your Own Pizza Bento Box
	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese
	Vegetable & Fruit	Vegetable & Fruit	Vegetable & Fruit Free Cookie w/ Lunch	Vegetable & Fruit
Chicken Patty on a Bun	26 Chicken Caesar Salad w/ Dressing & a Dinner Roll	Nachos w/ Cheese & Salsa	28 Tuna Fish Sandwich on a Kaiser Roll	29 Make Your Own Pizza Bento Box
Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese	Bagel Bag w/ String Cheese
Vegetable & Fruit	Vegetable & Fruit	Vegetable & Fruit	Vegetable & Fruit	Vegetable & Fruit

Cheese Sandwich Available Daily



A Complete Lunch Includes: Protein, Grain, Vegetable, Fruit

Menu Subject to Change

& Milk



Allergy Aware menus are available for students with food allergies. For more information contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."