



2020-2021
Glen Rock School District
SESAME-SAFE MENU Only with documented allergy

**SESAME-FREE
 STUDENTS MUST
 ORDER FROM THIS
 MENU ONLY**

AVAILABLE DAILY

- 1SE** Cheese Ravioli with Marinara Sauce & a Dinner Roll
- 2SE** Boneless Chicken Wings with a Dinner Roll
- 3SE** Chicken Fillet on a Bun
- 4SE** Sabrett All-Beef Hot Dog on a Bun
- 5SE** Baked Chicken Nuggets with a Roll
- 6SE** Ham & Cheese Sandwich
- 7SE** Turkey & Cheese Sandwich
- 8SE** Cereal Lunch with Yogurt, String Cheese & Pretzels

A Complete Lunch Includes:
 Entrée (with Protein/Grain)
Fruit/Vegetable
 Choice of Milk

Important consideration when deciding to participate in Sesame-Safe school lunch offerings:

Pomptonian's staff prepares and cooks a wide variety of meals and does not have separate equipment and space for sesame-safe (SES) meal preparation. To minimize the chance for cross-contamination, the SES items that are available for pre-order, are prepared by trained staff with, as per the manufacturer's label, sesame-safe ingredients.

*Cut at this line and keep the above menu portion for your reference.
 Please submit lunch forms promptly. Late submissions may not be properly recorded.*

"This institution is an equal opportunity provider."

Please use the number codes listed above to indicate your selection *for the day or week* on the order form below and return it by 8 AM to the Food Service Director. Orders can also be placed by e-mailing burtos@glenrocknj.org. Contact your Food Service Director at 201-445-7700, ext. 8965 with any questions or between 8:00 & 8:30 for cancellations.

MON	TUE	WED	THU	FRI

STUDENT'S NAME _____
First & Last

STUDENT ID _____ E-MAIL _____

HIGH SCHOOL LUNCH PRICE	REDUCED PRICE
\$4.00	\$.50

NOTE TO FREE LUNCH RECIPIENTS: If you plan to participate in the lunch program, you **must** fill out and return this form.

SES