

2020-2021 Glen Rock School District

EGG-SAFE MENU Only with documented allergy



AVAILABLE DAILY

- 1E Chicken Tenders with a Dinner Roll2E Sabrett All-Beef Hot Dog on a Bun
- 3E Cheeseburger on a Bun
- 4E Grilled Chicken Sandwich
- 5E Turkey & Cheese Sandwich
- 6E Ham & Cheese Sandwich
- **7E** Bagel Bag with Yogurt & String Cheese
- **8E** Garden Salad with Cucumbers, Tomatoes, Carrots,
 - Cheddar Cheese & Light Italian Dressing

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Fruit/Vegetable

Choice of Milk

Important consideration when deciding to participate in Egg-Safe school lunch offerings:

Pomptonian's staff prepares and cooks a wide variety of meals and does not have separate equipment and space for egg-safe (ES) meal preparation. To minimize the chance for cross-contamination, the ES items that are available for pre-order, are prepared by trained staff with, as per the manufacturer's label, egg-safe ingredients.

| Cut at this line and keep the above menu portion for you | ur reference. |
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|--|---------------|

Please submit lunch forms promptly. Late submissions may not be properly recorded.

"This institution is an equal opportunity provider."

Please use the number codes listed above to indicate your selections *for the month* on the order form below and return it by 1 week prior in an envelope to your school cafeteria. Please be sure to put money on your child's account prior to placing orders. It is important to go over the menu with your child. If your student is going to be absent on a day that lunch was ordered, please call the Food Service Director at 201-445-7700, ext. 8965 between 8:00 & 8:30 a.m. the morning the student is to be absent.

| MONTH: | MON | TUE | WED | THU | FRI | |
|----------|-----|-----|-----|-----|-----|--------------------------|
| Week of: | | | | | | STUDENT'S NAME |
| Week of: | | | | | | GRADE/TEACHER |
| | | | | | | SCHOOL |
| Week of: | | | | | | |
| Week of: | | | | | | PARENT/GUARDIAN PHONE # |
| Week OI. | | | | | | |
| Week of: | | | | | | PARENT/GUARDIAN E-MAIL |
| WOOK OI. | | | | | | |
| | | | | | | NUMBER OF MEALS SELECTED |

| ELEMENTARY | MIDDLE SCHOOL | REDUCED |
|-------------|---------------|---------|
| LUNCH PRICE | LUNCH PRICE | PRICE |
| \$3.750 | \$4.00 | \$.50 |

NOTE TO FREE LUNCH RECIPIENTS: If you plan to participate in the lunch program, you **must** fill out and return this form.