


Glen Rock HIGH & MIDDLE SCHOOL – JUNE 2022



Daily Dish



AVAILABLE DAILY

		<i>Deli Central</i>	Boar's Head Assorted Grab & Go Sandwiches	
			 Assorted Specialty Pizzas	
Wednesday 1	Popcorn Chicken Bowl	AMERICAN GRILLE	Pizzeria Pizza All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns Pasta w/ Meatballs & Marinara Sauce	PIZZA ZONE
Thursday 2	6 Foot Sub Day			<i>Daily Dish</i>
Friday 3	Beef Tacos	FRESH FARMISTAND		



Allergy Aware menus are available for students w/ food allergies. For more information, contact your Food Service Director or see our Food Allergy Best Practices at www.pomptonian.com.

Fruits & vegetables from The Farm Stand are included w/ lunch. **A complete meal includes:** Entrée w/ Protein/Grain, a Trip to The Farm Stand (students must select at least a serving of fruit or vegetable) & a Choice of Milk.

All Snacks are in compliance w/ the State's Guidelines. Your comments are important to us. Please e-mail us at comments@pomptonian.com. Menu Subject to Change. Product substitutions may occur due to supply chain disruptions as a result of COVID-19



At least 50% of All Grains served w/ your meal are Whole Grain Rich




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<p>Monday 6</p>	<p>Philadelphia Style Cheese Steaks w/ Peppers & Onions</p>	<p><i>Deli Central</i></p> <p>Boar's Head Assorted Grab & Go Sandwiches</p> 
<p>Tuesday 7</p>	<p>Chicken & Broccoli Alfredo Served over Pasta</p>	<p>Assorted Specialty Pizzas</p> <p>PIZZA ZONE</p>
<p>Wednesday 8</p>	<p>Potato & Cheese Pierogi served w/ Veggies & Dinner Roll</p>	<p>AMERICAN GRILLE</p> <p>All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns Pasta w/ Meatballs & Marinara Sauce</p>
<p>Thursday 9</p>	<p>Personal Pizzas</p>	<p><i>Daily Dish</i></p>
<p>Friday 10</p>	<p>3 Cheese Cavatappi served w/ Veggies & Dinner Roll</p>	<p>FRESH FARMISTAND</p>



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Monday 13	Pasta w/ Meat Sauce served w/ Veggies & Dinner Roll	   	Boar's Head Assorted Grab & Go Sandwiches	
Tuesday 14	Chicken Parmesan w/ Local Tomato Sauce on a Bun or served over pasta		 Assorted Specialty Pizzas	
Wednesday 15	Baked Ziti served w/ Veggies & Garlic Bread Or Asian Chicken Dumplings w/ Rice & Corn		All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns Pasta w/ Meatballs & Marinara Sauce	
Thursday 16	Organic Asian Chicken Stir Fry			
Friday 17	Spicy Chicken Sandwich w/ Spicy Charred Lemon Aioli			



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<p>Monday 20</p>	<p>BBQ Pulled Pork on Brioche w/ Fries</p>		<p>Boar's Head Assorted Grab & Go Sandwiches</p>	
<p>Tuesday 21</p>	<p>Summer Begins Homemade Mac & Cheese w/ Dinner Roll</p>		<p>Assorted Specialty Pizzas</p>	
<p>Wednesday 22</p>	<p>Organic Beef Burger on Brioche Bun w/ Cheddar Cheese & Wedges</p>		<p>All-White Meat Chicken Tenders w/ Fries Crispy Chicken Fillet on a Kaiser Roll Spicy Chicken Fillet on a Kaiser Roll Cheeseburger Sliders on Buns Pasta w/ Meatballs & Marinara Sauce</p>	
<p>Thursday 23</p>	<p>Half Day- No Lunch Service</p>			



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