



MAY GLEN ROCK

2022 Elementary Schools



MONDAYS

All-American: BOAR'S HEAD Roasted Turkey on a Whole Grain Wrap

Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant

Grilled Chicken Caesar Salad w/ a Dinner Roll

TUESDAYS

BOAR'S HEAD Turkey BLT Roll-Ups

Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Honey-Wheat Pretzels & Fruit

Asian Soba Noodle Salad w/ a Fortune Cookie

WEDNESDAYS

Wild West: BOAR'S HEAD Ham w/ Cheese on a Whole Grain Wrap

Peach Mango Yogurt Parfait w/ Granola

Fresh Farmer Garden Salad w/ Mozzarella Cheese & a Dinner Roll

THURSDAYS

BOAR'S HEAD Honey Turkey Pinwheels

Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable

Chicken Chopped Salad w/ Ranch Dressing & a Roll

FRIDAYS

BOAR'S HEAD Italian Sub

Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit

Traditional Boar's Head Chef's Salad w/ a Dinner Roll

2	3	4	5	6
Cage Free Chicken Tenders w/ Potato Wedges	Chicken Dumplings served w/ Rice & Corn	All-Natural Beef Burrito	Baked Organic Mac & Cheese: Pasta w/ Organic Cheese & Milk	Mediterranean Box w/ Organic Hummus, Pita Bread, Hard-Boiled Egg, Cucumber & Baby Carrots
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	
Cheesesteak Hero Double Hot	Baked Ziti w/ Garlic Bread Double Hot	Chicken Nuggets w/ Dipping Sauce Double Hot	Cinco De Mayo: Street Tacos w/ Pico de Gallo & Fire Roasted Corn w/ Cotija Cheese Double Hot	Pizzeria Pizza Beef Sliders on Mini Buns Double Hot
9	10	11	12	13
Cheese Tortellini w/ Homemade Alfredo Sauce	Homemade Vegetable & Lentil Soup w/ Brown Rice	All-White Meat Chicken Tenders w/ Fresh Roasted Vegetables	Organic Meatloaf w/ Roasted Organic Red Potatoes & Sweet Carrots	Organic Asian Chicken Stir-Fry w/ Organic Chicken & Vegetables served w/ Organic Rice
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
Meatball Sub Double Hot	Whole Grain Pancakes w/ Sausage Patty Double Hot	BBQ Grilled Chicken on Bun Panther Cheeseburger on a Bun w/ Potato Wedges Double Hot	Mozzarella Sticks w/ Marinara Sauce & Italian Bread Double Hot	Chicken Patty on Bun w/ Potato Tots Double Hot
16	17	18	19	20
Fiesta Bowl: Mexican Rice w/ Seasoned Beef, Black Beans & Cheddar Cheese served w/ Tortilla Chips	Homemade Tomato Soup & an All-White Meat Chicken Fillet Sandwich	Tortellini w/ Jersey Fresh Marinara	Bento Box: Organic Pasta Salad w/ Organic Mozzarella Cheese, Organic Tomato & Organic Pepper, Organic Hard-Boiled Egg, Organic Melon & Annie's Organic Bunny Grahams	Organic Grilled Cheese Sandwich on Soft Wheat Bread w/ Organic Sweet Potato Wedges
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
Sabrett All-Beef Hot Dog on a Bun w/ Smiley Potatoes Double Hot	Homemade Mac & Cheese w/ Italian Bread Double Hot	French Toast Sticks w/ Syrup, a Sausage Patty & Hash Brown Potatoes Double Hot	Pizzeria Pizza Popcorn Chicken w/ Italian Bread Double Hot	Pasta w/ Meat Sauce & Dinner Roll Double Hot

23
 Grass Fed Mini Meatballs
 w/ Pasta & Garlic Bread

 Pizzeria Pizza

 Teriyaki Chicken w/ Asian
 Vegetables over Brown
 Rice
Double Hot

24
 Large Hearty All-Natural
 Chicken Soup w/ a Whole
 Grain Roll

 Pizzeria Pizza

 Jersey Sliders: Mini
 Cheeseburgers w/
 American Cheese &
 French Fries
Double Hot

25
 Potato & Cheese Pierogi

 Pizzeria Pizza

 French Bread Pizza
Double Hot

26
 Organic Grilled
 Cheese w/ Homemade
 Organic Chicken Soup

 Pizzeria Pizza

 Sabrett Hot Dog on bun w/
 Baked Beans

Double Hot

27
 3 Cheese Cavatappi served
 w/ Dinner Roll

 Pizzeria Pizza


 Chicken Patty Parmesan on
 a Kaiser Roll
Double Hot

30
**Memorial Day
 School Closed**

31
 Homemade Tomato Soup
 w/ a Grilled Cheese
 Sandwich

 Pizzeria Pizza

 Nachos Grande w/
 Cheddar Cheese Sauce &
 Mexican Corn
Double Hot




Go to
<http://glenrock.pomptonianmenus.com/order>
 to place an order by credit card.
 For order edits or cancellations, please e-mail
burtions@glenrocknj.org by 8:00 a.m.



Fruits & vegetables from
 The Farm Stand are
 included with lunch.

**FOOD
 ALLERGIES**

Allergy Aware menus are available for students with food allergies.
 For more information contact your Food Service Director or see
 our Food Allergy Best Practices at www.pomptonian.com.

- Traditional Lunch - \$3.90 per meal
- Double Hot Traditional Meal - \$5.00
- Boar's Head & Featured Favorite Lunches - \$4.75 (Double Hot not available)
- Village Fresh Lunch - \$5.00 (Double Hot not available)
-  Organic Lunch - \$6.25 (Double Hot not available)
- 2-Slice Pizza Meal - \$5.00

Upgrade your Milk Selection!
 Add an Organic Milk or Organic Chocolate Milk to your order
 for \$2.25, found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:
 Entrée w/ Protein/Grain
A Trip to The Farm Stand
 Low-Fat Chocolate Milk, Skim Milk, 1% Milk,
 or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director
 at 201 445-7700 ext. 8965
Menu Subject to Change

Everything on this Menu is Baked not Fried
Your comments are important to us. Please email us at
comments@pomptonian.com

