



JUNE GLEN ROCK

2022 Elementary Schools



MONDAYS

All-American: BOAR'S HEAD Roasted Turkey on a Whole Grain Wrap
 Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant
 Grilled Chicken Caesar Salad w/ a Dinner Roll

TUESDAYS

BOAR'S HEAD Turkey BLT Roll-Ups
 Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Honey-Wheat Pretzels & Fruit
 Asian Soba Noodle Salad w/ a Fortune Cookie

WEDNESDAYS

Wild West: BOAR'S HEAD Ham w/ Cheese on a Whole Grain Wrap
 Peach Mango Yogurt Parfait w/ Granola
 Fresh Farmer Garden Salad w/ Mozzarella Cheese & a Dinner Roll

THURSDAYS

BOAR'S HEAD Honey Turkey Pinwheels
 Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable
 Chicken Chopped Salad w/ Ranch Dressing & a Roll

FRIDAYS

BOAR'S HEAD Italian Sub
 Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit
 Traditional Boar's Head Chef's Salad w/ a Dinner Roll

		1	2	3
		Cheese Tortellini w/ Homemade Jersey Fresh Marinara Sauce	Homemade All-Natural Chicken Soup w/ a Grilled Chicken Fillet	Eggplant Parmesan w/ Pasta
		Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
		Popcorn Chicken w/ Italian Bread Double Hot	Chicken Patty on Bun w/ Tots Double Hot	Twin Soft Beef Tacos Double Hot

6	7	8	9	10
All White Meat Chicken Tenders w/ Sweet Corn Niblets	Minestrone Soup w/ a Whole Grain Roll	Potato & Cheese Pierogi	Organic Grilled Cheese Sandwich w/ Homemade Organic Chicken & Rice Soup	3-Cheese Cavatappi w/ Split Top Dinner Roll
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
Cheesesteak w/ Crinkle Fries Double Hot	Sabrett All-Beef Hot Dog on a Bun w/ Smiley Potatoes Double Hot	Chicken Nuggets w/ Italian Bread Double Hot	Pizzeria Pizza	Jersey Sliders: Mini Cheeseburgers w/ American Cheese & French Fries Double Hot
			Nachos Grande w/ Cheddar Cheese Sauce & Mexican Corn Double Hot	

13	14	15	16	17
All White Meat Chicken Tenders w/ Fresh Roasted Veggies	Large Hearty All-Natural Chicken & Rice Soup w/ a Buttermilk Biscuit	Chicken Dumplings served w/ Rice & Corn	Organic Asian Chicken Stir Fry w/ Organic Veggies & Rice	Bento Box: Organic Pasta Salad (w/ Organic Mozzarella Cheese, Tomato & Pepper), Organic Hard-Boiled Egg, Organic Melon & Organic Grahams
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza
Pasta w/ Meat Sauce Double Hot	Chicken Patty Parmesan on Kaiser Double Hot	Baked Ziti Double Hot	Beef Sliders on Mini Buns w/ Fries Double Hot	Eggo Waffle w/ Parfait Double Hot

20	21	22	23
Mediterranean Box w/ Organic Hummus, Organic Pita, Organic Hard-Boiled Egg, Organic Cucumber & Organic Baby Carrots	Homemade Vegetable & Lentil Soup w/ Brown Rice	Organic Beef Burger on a Brioche Bun w/ Organic Cheddar Cheese & Ketchup w/ Fresh Baked Seasoned Potato Wedges	Half Day- No Lunch Service
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	
Chicken Nuggets w/ Italian Bread Double Hot	Homemade Macaroni & Cheese w/ Italian Bread Double Hot	General Tso's Chicken served w/ Rice & Broccoli Double Hot	

**Locally Grown
Asparagus**



**Locally Grown
Strawberries**



**Go to
<http://glenrock.pomptonianmenus.com/order>
to place an order by credit card.**


For order edits or cancellations, please e-mail
burtions@glenrocknj.org by 8:00 a.m.



**Fruits & vegetables from
The Farm Stand are
included with lunch.**

**FOOD
ALLERGIES**

Allergy Aware menus are available for students with food allergies.
For more information contact your Food Service Director or see
our Food Allergy Best Practices at www.pomptonian.com.

- Traditional Lunch - \$3.90 per meal
- Double Hot Traditional Meal - \$5.00
- Boar's Head & Featured Favorite Lunches - \$4.75 (Double Hot not available)
- Village Fresh Lunch - \$5.00 (Double Hot not available)
-  Organic Lunch - \$6.25 (Double Hot not available)
- 2-Slice Pizza Meal - \$5.00

Upgrade your Milk Selection!

Add an Organic Milk or Organic Chocolate Milk to your order
for \$2.25, found in the BEVERAGE OR SNACK menu

A Complete Meal Includes:

Entrée w/ Protein/Grain
A Trip to The Farm Stand
Low-Fat Flavored Milk, Skim Milk, 1% Milk,
or 4 oz. Pure Fruit Juice

Any questions, call Food Service Director
at 201 445-7700 ext. 8965

Menu Subject to Change

Everything on this Menu is Baked not Fried

*Your comments are important to us. Please email us at
comments@pomptonian.com*