



APRIL 2017

GLEN ROCK Elementary Schools



MONDAYS

All-American: BOAR'S HEAD Roasted Turkey on a Whole Grain Wrap

Paris Café: Assorted Cheeses w/ Sweet Grapes & a Baguette Slice or Mini Croissant

Grilled Chicken Caesar Salad w/ a Dinner Roll

3

Potato & Cheese Pierogies w/ Sautéed Onions

Pizzeria Pizza

Popcorn Chicken w/ Italian Bread
Double Hot

TUESDAYS

BOAR'S HEAD Turkey BLT Roll-Ups

Grab 'n Go Yogurt Box: Yogurt w/ String Cheese, Honey-Wheat Pretzels & Fruit

Asian Soba Noodle Salad w/ a Fortune Cookie

4

HSA Hamilton Pizza Day
Homemade Tomato Soup w/ a Grilled Cheese Sandwich

Pizzeria Pizza
BBQ Grilled Chicken on a Bun in Hamilton

Chicken Patty Parm. on a Kaiser Roll
Double Hot

WEDNESDAYS

Wild West: BOAR'S HEAD Ham w/ Cheese on a Whole Grain Wrap

Peach Mango Yogurt Parfait w/ Granola

Fresh Farmer Garden Salad w/ Mozzarella Cheese & a Dinner Roll

5

HSA Pizza Day in Coleman & Byrd
Cheese Tortellini w/ Homemade Jersey Fresh Marinara Sauce

Pizzeria Pizza
BBQ Grilled Chicken on a Bun in Coleman & Byrd

Jersey Sliders: Mini Cheeseburgers w/ American Cheese & French Fries
Double Hot


THURSDAYS

BOAR'S HEAD Honey Turkey Pinwheels

Bagel Lunch: White or Whole Grain Bagel w/ Cream Cheese, Fruit & Vegetable

Chicken Chopped Salad w/ Ranch Dressing & a Roll

6

HSA Pizza Day in Central
 Organic Pasta & Organic Meatballs w/ Tomato Sauce

Pizzeria Pizza
BBQ Grilled Chicken on a Bun in Central

Mozzarella Cheese Stuffed Shells w/ Italian Bread
Double Hot


FRIDAYS

BOAR'S HEAD Italian Sub

Cereal Lunch w/ a Low-Fat Cheese Stick, Yogurt & Fruit

Traditional Boar's Head Chef's Salad w/ a Dinner Roll

7

 Organic Grilled Cheese Sandwich on Soft Wheat Bread w/ Organic Sweet Potato Wedges

Pizzeria Pizza
Mozzarella Sticks w/ Marinara Sauce & Italian Bread
Double Hot

Kindergarten Coleman Café

10

11

12

13

14



SPRING RECESS



Good Friday

17

18

19

20

21

All-White Meat Chicken Tenders w/ Fresh Roasted Vegetables

Pizzeria Pizza

Twin Chicken Sliders on Buns w/ Oven Potatoes
Double Hot

HSA Pizza Day in Hamilton
Minestrone Soup w/ a Whole Grain Roll

Potato & Cheese Pierogies


Pizzeria Pizza
BBQ Grilled Chicken on a Bun in Hamilton

Sabrett All-Beef Hot Dog on a Bun w/ Smiley Potatoes
Double Hot

HSA Pizza Day in Coleman & Byrd
All-Natural Grass-Fed Mini Meatballs w/ Pasta & Garlic Bread

Pizzeria Pizza
BBQ Grilled Chicken on a Bun in Coleman & Byrd

Chicken Nuggets w/ Italian Bread
Double Hot

HSA Pizza Day in Central
 Organic Grilled Cheese Sandwich w/ Homemade Organic Chicken & Rice Soup


Pizzeria Pizza
BBQ Grilled Chicken on a Bun in Central

Nachos Grande w/ Cheddar Cheese Sauce & Mexican Corn
Double Hot

 Mediterranean Box w/ Organic Hummus, Pita Bread, Hard-Boiled Egg, Cucumber & Baby Carrots

Pizzeria Pizza


Jersey Sliders: Mini Cheeseburgers w/ American Cheese & French Fries
Double Hot

24	25	26	27	28
Whole Grain French Toast w/ Homemade Apple Crisp	Large Hearty All-Natural Chicken & Rice Soup w/ a Buttermilk Biscuit	Panko-Crusted Chicken Tenders w/ Dipping Sauce & 3 Jeweled Brown Rice	 Organic Beef Nachos w/ Organic Cheddar Cheese & Tortilla Chips	 Tuna Salad Bento Box: Wild Caught Tuna Salad with Organic Crackers, Celery Sticks & Baby Carrots
Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	Pizzeria Pizza	
Turkey Burger on a Whole Grain Roll w/ Potato Tots Double Hot	Taco Tuesday: Twin Soft Beef Tacos w/ Cheddar Cheese Double Hot	Baked Ziti Double Hot	Beef Sliders on Mini Buns w/ Crinkle Cut Fries Double Hot	Pizzeria Pizza Cheesesteak Hero w/ Crinkle Cut Fries Double Hot
FREE BAG OF POTATO CHIPS W/ EVERY LUNCH				

Go to
<http://glenrock.pomptonianmenus.com/order>
to place an order by credit card.

A Complete Meal Includes:

Entrée w/ Protein/Grain
A Trip to The Farm Stand
 Low-Fat Chocolate Milk, Skim Milk, 1% Milk,
 or 4 oz. Pure Fruit Juice

- Traditional Lunch - \$3.35 per meal
- Double Hot Traditional Meal - \$4.25
- Boar's Head & Featured Favorite Lunches - \$4.25 (Double Hot not available)
- Village Fresh Lunch - \$4.75 (Double Hot not available)
-  Organic Lunch - \$6.00 (Double Hot not available)
- 2-Slice Pizza Meal - \$4.60

All-Natural products contain no antibiotics, preservatives, hormones, or nitrates; are vegetarian fed and sustainably farmed



Upgrade your Milk Selection!
 Add an Organic Milk or Organic Chocolate Milk to your order for \$2.00, found in the BEVERAGE OR SNACK menu

Selections on The Farm Stand are included with lunch. Choose servings of fruit/vegetable from a variety of options daily.

National Poetry Month



Any questions, call Food Service Director
 at 201 445-7700 ext. 8965
Menu Subject to Change

Everything on this Menu is Baked not Fried
Your comments are important to us. Please email us at comments@pomptonian.com