



# DECEMBER 2017

**FREEHOLD BOROUGH**  
Freehold Intermediate, Park Avenue  
& Learning Center Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>HAPPY HOLIDAYS!</b>				1 <b>Pancakes w/ Syrup &amp; Breakfast Sausage</b> Applesauce Milk Selection
4 <b>Hot Ham &amp; Cheese on a Whole Wheat Bun</b> Chilled Fruit Milk Selection	5 <b>Egg &amp; Cheese Breakfast Wrap</b> Chilled Fruit Milk Selection	6 <b>Egg, Sausage &amp; Cheese on an English Muffin</b> Banana Milk Selection	7 <b>Mini Pancakes w/ Syrup &amp; Breakfast Sausage</b> 100% Juice Cup Milk Selection	8 <b>French Toast Sticks w/ Syrup &amp; Canadian Ham</b> Chilled Peaches Milk Selection
11 <b>Egg &amp; Cheese Breakfast Wrap</b> Fresh Fruit, in Season Milk Selection	12 <b>Sausage &amp; Cheese on a Bagel</b> Chilled Fruit Milk Selection	13 <b>Egg &amp; Cheese on an English Muffin</b> 100% Juice Cup Milk Selection	14 <b>Hot Ham &amp; Cheese on a Whole Wheat Bun</b> Chilled Fruit Milk Selection	15 <b>Pancakes w/ Syrup &amp; Canadian Ham</b> Applesauce Milk Selection
18 <b>Egg, Sausage &amp; Cheese on a Bagel</b> Diced Pears Milk Selection	19 <b>Mini Pancakes w/ Syrup &amp; Breakfast Sausage</b> Chilled Fruit Milk Selection	20 <b>Hot Ham &amp; Cheese on a Whole Wheat Bun</b> Chilled Fruit Milk Selection	21 <b>Egg, Ham &amp; Cheese Breakfast Wrap</b> Banana Milk Selection	22 <b>French Toast Sticks w/ Syrup &amp; Breakfast Sausage</b> Fruit Cocktail Milk Selection
<b>WINTER</b>		<b>BREAK</b>		29 

Skim or 1 % Milk offered w/ Breakfast

**Breakfast Price:**  
**\$1.00**

**Available Daily:**

Assorted Cereals w/ a Slice of Bread, a Bagel, or Muffin w/ Fruit Selection & Milk

Yogurt Parfait Breakfast w/ Fruit of the Week  
4 oz. Yogurt, Granola & Fruit with Pretzels & Milk



**At least 50% of All Grains served w/ your meal are Whole Grain Rich**

"This institution is an equal opportunity provider."