



# ELMWOOD PARK

HS & MS Breakfast  
2019 - 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Egg & Cheese Breakfast Sandwich OR Cinnamon French Toast w/ Syrup & a Sausage Link OR Fresh Bagel w/ a Choice of Cream Cheese OR Large Whole Grain Blueberry Muffin OR Assorted Kellogg's Jump Start Cereal Kits	Egg & Cheese Breakfast Sandwich OR Cinnamon French Toast w/ Syrup & a Sausage Link OR Fresh Bagel w/ a Choice of Cream Cheese OR Large Whole Grain Blueberry Muffin OR Assorted Kellogg's Jump Start Cereal Kits	Egg & Cheese Breakfast Sandwich OR Cinnamon French Toast w/ Syrup & a Sausage Link OR Fresh Bagel w/ a Choice of Cream Cheese OR Large Whole Grain Blueberry Muffin OR Assorted Kellogg's Jump Start Cereal Kits	Egg & Cheese Breakfast Sandwich OR Cinnamon French Toast w/ Syrup & a Sausage Link OR Fresh Bagel w/ a Choice of Cream Cheese OR Large Whole Grain Blueberry Muffin OR Assorted Kellogg's Jump Start Cereal Kits	Egg & Cheese Breakfast Sandwich OR Cinnamon French Toast w/ Syrup & a Sausage Link OR Fresh Bagel w/ a Choice of Cream Cheese OR Large Whole Grain Blueberry Muffin OR Assorted Kellogg's Jump Start Cereal Kits

Breakfast includes Entrée (Bread/Grain), 1 cup Fresh or Cupped Fruit & 100% Juice,  
plus Milk Choice (1% Low-Fat, Non-Fat Chocolate, Skim)



**At least 50% of All Grains served  
w/ your meal are Whole Grain Rich**

"This institution is an equal  
opportunity provider."

