



ELMWOOD PARK

Elementary Breakfast
2019 - 2020



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Large Whole Grain Blueberry Muffin	Large Whole Grain Blueberry Muffin	Large Whole Grain Blueberry Muffin	Large Whole Grain Blueberry Muffin	Large Whole Grain Blueberry Muffin
Or	Or	Or	Or	Or
Whole Grain Bagelful w/ Cream Cheese	Whole Grain Bagelful w/ Cream Cheese	Whole Grain Bagelful w/ Cream Cheese	Whole Grain Bagelful w/ Cream Cheese	Whole Grain Bagelful w/ Cream Cheese
Or	Or	Or	Or	Or
Assorted Whole Grain Cereals w/ Sliced Bread	Assorted Whole Grain Cereals w/ Sliced Bread	Assorted Whole Grain Cereals w/ Sliced Bread	Assorted Whole Grain Cereals w/ Sliced Bread	Assorted Whole Grain Cereals w/ Sliced Bread

Breakfast includes Entrée (Bread/Grain), 1 cup Fresh or Cupped Fruit & 100% Juice, plus Milk Choice (1% Low-Fat, Non-Fat Chocolate, Skim)



At least 50% of All Grains served w/ your meal are Whole Grain Rich

"This institution is an equal opportunity provider."