



[Take Home Meal Storage and Handling Instructions](#)

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|--|
| | 1 Cheese Lasagna w/ Marinara Sauce & a Dinner Roll Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 2 Cheeseburger on a Bun Served with Tater Tots Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 3 Sausage, Egg and Cheese on Bagel Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 4 Cheese Pizza Slice Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing |
| 7 Chicken Tenders w/ Dipping Sauce & a Dinner Roll Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 8 Macaroni & Cheese w/ a Dinner Roll Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 9 Italian Hero Sandwich Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 10 Waffle Pouch w/ Sausage Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 11 Cheese Pizza Slice Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing |
| 14 Popcorn Chicken w/ Dipping Sauce & a Dinner Roll Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 15 Hamburger on a Roll Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 16 Holiday Luncheon Chicken Parmesan w/ a Dinner Roll, Green Beans & Apple Cobbler | 17 Turkey and Cheese Sandwich Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 18 Cheese Pizza Slice Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing |
| 21 Chicken Tenders w/ Dipping Sauce & a Dinner Roll Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 22 Meatballs Parmesan w/ Mozzarella Cheese on a Sub Roll Or Crispy Buffalo Chicken Wrap w/ Cheddar and Ranch Dressing | 23 No Lunch Service Single Session Day | 24 | 25 |
| 28 | 29 | 30  | 31 |  |

**Bagel Bag w/ Vegetable and Fruit
Served w/ Water
Turkey and Cheese w/Chips and Fruit**

A Complete Lunch Includes:
Protein, Grain, Fruit &/or Vegetable
8oz Water

Menu Subject to Change

Available Snack Options:

Drinks: 20oz Sports Water/20oz Lemon
Snapple/20oz PowerAde (Fruit Punch)

Snacks: Choc. Chip or Sugar Cookie
Original Rice Krispies, Cheese Its, Lays Chips,
Doritos, and Welch's Fruit Snack

**FOOD
ALLERGIES**

Allergy Aware menus are available for students with food allergies.
For more information contact your Food Service Director or see
our Food Allergy Best Practices at www.pomptonian.com.